



## Chromolite IPL Hair Removal - Frequently Asked Questions

### What is the difference between lasers and IPL?

Lasers emit coherent energy at a specific wavelength in a single beam of light. Intense Pulsed Light (IPL) is broadband light energy that enables large areas to be treated with a single discharge. This short wavelength visible light is passed through filters which can be adjusted to match the patients' skin types. The advantage of IPL is that large areas can be treated quickly.

### How does Chromolite work?

Chromolite delivers pulses of light into the skin at a specific wavelength which is selectively absorbed in the melanin pigment in the hair follicle. The light energy heats the pigment and effectively disables the hair follicle without damaging surrounding skin tissue. Once treated, the hairs will gradually slip out over the next 7 – 10 days, leaving the skin smooth and hair-free.

It is important to note that IPL hair removal is effective in removing hairs which are in the growing (Anagen) phase. Follicles in the second (Catagen) phase and third (Telagen) phase will not be affected since the dermal papilla is not yet attached to the follicle itself. As a result, additional treatments will be required once the dormant hairs reach the Anagen phase.

### Can Chromolite treat any area?

Chromolite can be used to treat any area of the body and on most skin types. For some clients a test patch will need to be performed to observe the effect. An immediate effect may be seen, although it is not unusual for the hair to take up to 14 days to fall out of the destroyed follicle.

### What does the treatment involve?

It is simple, you wear protective eyewear, lie back and relax, while the Chromolite operator moves the handpiece slowly over your skin firing the Smartlite exactly where required. Chromolite is fast too, less than 30 minutes to treat both lower legs. Most people find some level of discomfort similar to a flick from a small elastic band on the skin. Comfort can be improved by cooling the skin before and after treatment.

### How many treatments will be needed?

The number of treatments required varies, depending on the density and location of the hair growth. Approximately 20% - 30% of the body hair is in a growing stage at any time, with the remainder dormant and unable to absorb light. Chromolite will destroy between 60% and 90% of the growing hair at each treatment. Most people require between 5 and 8 treatments. However, extremely coarse, dense hair may take longer. There tends to be a 5 – 8 week interval between treatments.

### How much does it cost?

Treatment cost depends on the areas treated and number of treatments needed. Over time, compared to a lifetime of waxing or electrolysis, Chromolite IPL hair removal can be more cost effective and certainly achieves faster and more permanent results.

### Does Chromolite have any side effects?

With the majority of treatments there are little or no visible after-effects so you can resume your normal routine quickly. Some parts of the body are more sensitive than others and may redden or swell slightly; an aftercare gel can be applied to settle this within hours.

### Who should not have IPL treatment?

People with light sensitivity should not have Chromolite treatments.

Its effects during pregnancy are unknown and therefore it is safer to avoid the treatment when pregnant.

You should not have Chromolite treatment if you have any suntan however mild, due to the high risk of burning.

People who are dark-skinned may also not be suitable for treatment.

You should not have Chromolite treatment whilst taking antibiotics, or if you are an insulin-dependent diabetic due to the risk of wound healing and infection problems.

### Important requirements before & during all IPL Treatments

No UV exposure (natural or suntan beds) for 4-6 weeks before and throughout the treatment course, to reduce the melanin content of the skin and minimise possible side-effects from this. This is not just what clients would classify as sunbathing, but lengthy exposure to normal daylight. Thus it is recommended that SPF30 is used daily on all exposed treatment areas. Self-tanning creams also produce increased skin colour and if used between Chromolite treatments, should be stopped a week prior to each treatment and exfoliation of the area should be performed each day to remove this artificial colour. For hair reduction treatments, you must stop waxing, depilatory creams, bleaching and plucking for 4 weeks prior to patch test. You can shave or cut hairs as long as it keeps the hairs in the follicle.

### What kind of precautions would I need to take after treatment?

For 24 hours after treatment you should avoid: HOT baths & showers, make-up and deodorant, which may irritate the treated area.

It is also advised that the treated area should not be exposed to sunlight for 4 weeks after treatment. If this is unavoidable the area should be covered or a total sunblock (SPF30) used.

### Free Initial Consultations will cover:

- \* Clients full medical history is required
- \* How the treatment works
- \* Possible side-effects and how they would be dealt with
- \* Number of treatments required to reach particular goal
- \* Cost of treatment
- \* Length of time before a result will be visible
- \* Other treatment options available
- \* If the client decides to proceed, they should read and sign the Client Declaration Form to confirm that they understand all the implications of the treatment.

### Testimonials:

"I had Chromolite hair removal treatment 2 years ago and have not had to wax or shave my legs since. It is fantastic!"  
*M.C., Swansea*

"Chromolite hair removal is ideal for men who do not want to shave or wax their back but want hair-free skin."  
*J.T., Dorset*