



## Chromolite IPL Skin Rejuvenation - Frequently Asked Questions

### How does Chromolite IPL work for Acne?

The principle of the treatment of acne with any light-based system is the absorption of light which kills the acne bacteria present in the tissue treated. P-Acnes contains a specific molecule called Porphyrin which, when exposed to certain wavelengths of light, produces oxygen, which subsequently poisons the bacteria. If treatments are scheduled appropriately, bacteria death by this method exceeds bacteria proliferation and the client should see an improvement in their condition.

The Chromolite's Smartlite technology uses a combination of yellow and red light wavelengths and a unique flat beam profile to enhance treatment efficiency. Treatment energy levels are set after a thorough patch test procedure and are dependent on skin colour and sensitivity.

### How many treatments will be needed?

For Acne, clinical observations have indicated that a course of 10 treatments should initially be scheduled for the client and these should be performed 1-2 times weekly.

Each patient is then likely to require a regular maintenance treatment – the frequency of this will depend on an individual condition but is usually performed every 1 – 3 months.

### How does Chromolite IPL work for Skin Rejuvenation?

The principle of skin rejuvenation with the Chromolite is divided into two separate types of treatments:

The first type is the reduction in the appearance of lines and wrinkles and general improvement of the skin texture through the stimulation of collagen.

The second type is the reduction in appearance of skin pigmentation marks and facial veins.

When treating unwanted areas of pigmentation, targeted areas momentarily light and become hot, but not for long enough to burn. This heat breaks down pigmentation into tiny particles which either rise to the skin's surface, or are exfoliated away naturally within 1 – 2 weeks, or the particles are filtered away in the lymphatic system in your body.

Treatment energy levels are set after a thorough patch test procedure and are dependent on skin colour and sensitivity.

### How many treatments will be needed?

Skin rejuvenation will take from 6 – 10 sessions, performed every 2 – 3 weeks, increasing energy 10% each time as long as skin will tolerate this.

Vascular treatment will take from 3 – 6 sessions, performed every 1 – 2 weeks, increasing energy 10% each time as long as skin will tolerate this.

Pigmentation will take from 1 - 3 sessions, performed every 2 – 3 weeks, starting at the energy level indicated by the patch test and increasing by single programs each successive treatment if no positive response, as long as skin will tolerate this.

These are just guidelines and as every individual is different, more treatments may be needed for client satisfaction.

### Is there a minimum age for IPL treatments?

We are registered to treat anyone from the age of 18 upwards.

### Does IPL hurt?

Not really, although the treatment sensation will vary from client to client. Mostly you will experience a tingling sensation or at most, like an elastic band momentarily flicking onto your skin. There are no lasting sensations.

### Important requirements before & during all IPL Treatments

No UV exposure (natural or suntan beds) for 4-6 weeks before and throughout the treatment course, to reduce the melanin content of the skin and minimise possible side-effects from this. This is not just what clients would classify as sunbathing, but lengthy exposure to normal daylight. Thus it is recommended that SPF30 is used daily on all exposed treatment areas. Self-tanning creams also produce increased skin colour and if used between Chromolite treatments, should be stopped a week prior to each treatment and exfoliation of the area should be performed each day to remove this artificial colour.

### What kind of precautions would I need to take after treatment?

For 24 hours after treatment you should avoid:

HOT baths & showers, make-up and deodorant, which may irritate the treated area.

It is also advised that the treated area should not be exposed to sunlight for 4 weeks after treatment. If this is unavoidable the area should be covered or a total sunblock (SPF30) used.

### Free Initial Consultations will cover:

- \* Client's full medical history is required
- \* How the treatment works
- \* Possible side-effects and how they would be dealt with
- \* Number of treatments required to reach particular goal
- \* Cost of treatment
- \* Length of time before a result will be visible
- \* Other treatment options available
- \* If the client decides to proceed, they should read and sign the Client Declaration Form to confirm that they understand all the implications of the treatment.

### What regulations cover IPL clinics?

It is a government requirement that all IPL clinics are registered with the Healthcare Commission, the regulatory body responsible for ensuring that private health businesses operate safely and with full regard for client care.

Registration with the HC is recognition that a company is using safe and appropriate equipment, has all the necessary treatment policies, procedures and protocols, employing properly trained staff.